

Tana Ethiopian Cuisine



Daily Buffet

noon to 2pm | 6pm to 8pm

Dessert \$3.00

Sundae

Chocolate, Strawberry, Butterscotch



Beverages

Ethiopian Coffee	\$1.75
Ethiopian Tea	\$1.75
Soft Drinks	\$1.25
Bottled Water	\$2.00
Beer Imported/Ethiopian	\$6.00
Domestic Beer	\$4.75
Wine by the glass (5oz)	\$5.75
Shots (rye, rum, vodka)	\$4.75



Do you know what it means?

Berberere: A dry pepper powder. The end product of an intricate process in which numerous spices are carefully blended.

Mitmita: A powder from small hot red peppers, cardamon and cloves or afrinji made from red pepper seeds, ginger, garlic, onions and black pepper.

Keebe: Ethiopian butter which is clarified. In the process chopped ginger, garlic and onions are added along with other spices including fenugreek, white cumin, basil, cardamon, oregano and tumeric.

Aib: Cottage Cheese

Injera: A pancake like bread made out of teff flour. The flour is mixed with water and allowed to ferment for a few days. it is then ready to fry into a large flat pancake.

Open Monday to Saturday 11am to 9pm

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ENTREES

1. Tibs (Lamb) \$12.50 (served with your choice of Injera or rice)

A delicacy of Ethiopia. sauteed Lamb, onions, tomatoes, garlic, and butter



2. Cha Cha (Beef) \$11.50 (served with your choice of Injera or rice)

Home style smoked flavoured Beef Tibs with onion, green pepper and other spices.



3. Doro Tibs (Chicken) \$11.50 (served with your choice of Injera or rice)

Tender marinated pieces of chicken cooked in spiced butter with peppers, onion, garlic, tomato, a touch of Rosemary and other spices.



4. Kitfo \$12.75 (served with your choice of Injera or rice)

Very lean minced beef, warmed in spiced butter, lightly cooked mixed with Mitmita (hot pepper)



5. Key Wat \$12.50 (served with your choice of Injera or rice)

Traditional Ethiopian beef stew flavoured with a variety of Ethiopian spices, onions and garlic. Delicious!



6. Tana Mix Combo \$11.50 (served with your choice of Injera or rice)

A mixture of Key Wat, Tibs, and Veggies (combination of 5)



7. Veggie Combo \$10.75 (served with your choice of Injera or rice)

A combination of all dishes in addition with Potato Stew, Collard greens, green lentils.



Friday & Saturday Special

8. Ye Habesha Doro Wat \$12.50 (served with your choice of Injera or rice)

Chicken stew simmered in berbere, onions, garlic, Ethiopian style butter with a hard boiled egg (spicy)

